Future Meeting Dates & Times

August 13th
September 10th
October 8th

Oct 26th Albury Wodonga ‘Relay For Life’

November 12th
December 10th (Christmas Function alternative venue)

January break
February 11th
March 11th
April 8th

Support Group:
President - David Ryan
M: 0407 691636

Secretary - Glenn Rose
M: 0417 275446

Contact
E: awpcsg@gmail.com

Website: www.awpcsg.org

Useful Contacts
Prostate Cancer Foundation of Australia
Ph: 1800 220 099
E: enquiries@pcfa.org.au

Cancer Council Help Line
13 1120

Venue:
Albury Commercial Club
Dean St, Albury

Join us at 6.30 while we have dinner at the club prior to the meeting.

ALBURY WODONGA
Prostate Cancer Support Group

For anyone who has been diagnosed with prostate cancer, their partners, carers, family and friends.

Early detection of prostate cancer is the key.

BE AWARE

Over 50? PCFA recommends testing!

Talk to your Doctor

Proudly Affiliated With
Prostate Cancer Foundation of Australia
It’s important for anyone diagnosed with prostate cancer, their families and friends, to know they’re not alone.

There is HELP and SUPPORT at hand

About Albury Wodonga
Prostate Cancer Support Group

Everyone is welcome to attend our support group.

Meetings are conducted on the second Tuesday of each month at 7:00 pm.

Each meeting includes:
- Question Time
- Open-forum discussion
- Information Sharing

Guest speakers are invited to address the group on topics as suggested by members.

Our group has the support of:
- Urologists
- Oncologists
- Practice Nurses
- Albury Commercial Club
- Breast Cancer Support Group

“Why a support group ?

There are many reasons why people join a support group. These may include: A place to:

• Relax
• Have a chat
• Obtain more information (from guest speakers, other experiences of people in the group)
• Feel empowered
• Feel comfortable around people who have had a similar experience

“The support I got from AWPCSG really helped me when I had to decide on treatment options. I couldn’t choose, and was only when I met other blokes who had the same difficulty making my mind up, that the choice became easier”

“Support groups are not only a place for the serious business of cancer - to vent feelings and frustrations - but also a place for laughter and having fun. We need a place to let our hair down and cry. We also need to laugh until we feel good and feel like just another person, not a cancer victim.” (Cancer Support Group, rural NSW)